

EMERGENCY MEDICAL ALERT

NAME	
ADDRESS	
CONTACT 1	PHONE
CONTACT 2	PHONE
PHYSICIAN	PHONE
MEDICAL CONDITIONS	
ALLERGIES	

I HAVE PARKINSON'S DISEASE

- Common motor symptoms are **tremor, stiffness, slow movement**, and **poor balance**.
- When my medications **wear off** (lose their effect prior to my next dose), I have more difficulty with movement. I may **freeze** (as if my feet are glued to the floor) when initiating steps and experience **dystonia** (involuntary muscle spasms that cause abnormal movement and posture). I may also exhibit anxiety and panic attacks.
- When my medications reach their peak effect, I may experience **dyskinesia** (involuntary writhing movements).

INFORMATION PROVIDED BY

Northwest Parkinson's Foundation
400 Mercer St. #401 / Seattle, WA 98109
1.877.980.7500 / www.nwpcf.org

Booth Gardner Parkinson's Care Center
13030 121st Way NE #203 / Kirkland, WA 98034
425.899.3123

MY MEDICATION LIST

DRUG NAME	DOSAGE	FREQUENCY/ TIME OF DAY
_____	_____	_____
_____	_____	_____
_____	_____	_____
_____	_____	_____
_____	_____	_____
_____	_____	_____

ABOUT MY MEDICATIONS

My medications may cause nausea and vomiting, confusion and visual hallucinations, vivid dreams, dyskinesias, excessive daytime sleepiness, sleep attacks, dizziness, and compulsive behaviors (such as gambling, hypersexuality, and overeating).

My medications must be taken on time.

Typical neuroleptics and many anti-nausea medicines can worsen symptoms of Parkinson's disease. In some cases the atypical antipsychotics *quetiapine* and *clozaril* can be used for medication-induced psychosis. Other antipsychotic medicines can worsen movement symptoms.

Direct medication questions to a pharmacist.

OTHER INFORMATION FOR HOSPITAL AND EMERGENCY PERSONNEL

- I have a brain pacemaker. I should **not** undergo MRI, diathermy, or lithotripsy. Bipolar cautery should only be performed during surgery. Any medical procedure that would be performed directly over the device or connecting wire is not recommended. Device questions: Contact Medtronic at 1.800.664.5111 (x1050)